

# Daily Warm Up Routine

## Sir James Galway

♩ = 60

The first line of musical notation is in treble clef with a 4/4 time signature. It begins with a repeat sign. The first measure contains a quarter note G4, an eighth note A4, a quarter note B4, and a dotted quarter note C5, all under a slur. The second measure contains a quarter note B4, an eighth note C5, a quarter note D5, and a dotted quarter note E5, also under a slur. The dynamic marking *mf* is placed below the first measure. The line ends with a double bar line and repeat dots.

The second line of musical notation is in treble clef with a 4/4 time signature. It begins with a repeat sign. The first measure contains a quarter note G4, an eighth note A4, a quarter note B4, and a dotted quarter note C5, all under a slur. The second measure contains a quarter note B4, an eighth note C5, a quarter note D5, and a dotted quarter note E5, also under a slur. The dynamic marking *mf* is placed below the first measure. The line ends with a double bar line and repeat dots.

The third line of musical notation is in treble clef with a 4/4 time signature. It begins with a repeat sign. The first measure contains a quarter note G4, an eighth note A4, a quarter note B4, and a dotted quarter note C5, all under a slur. The second measure contains a quarter note B4, an eighth note C5, a quarter note D5, and a dotted quarter note E5, also under a slur. The dynamic marking *mf* is placed below the first measure. The line ends with a double bar line and repeat dots.

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♩ = 60

The musical score consists of six rows of musical staves, each containing two measures of music. The notes are connected by a slur, and the first measure of each row includes a fermata over the final note. Below each staff, four chord labels are provided, corresponding to the notes in the first measure of that staff. The chords are: Row 1: B min, F#Maj, Bb min, FMaj; Row 2: Amin, EMaj, Ab min, EbMaj; Row 3: Gmin, DMaj, F#min, DbMaj; Row 4: Fmin, CMaj, Emin, BMaj; Row 5: Eb min, BbMaj, Dmin, AMaj; Row 6: C#min, AbMaj, Cmin, GMaj.

B min      F#Maj      B $\flat$  min      FMaj

A min      EMaj      A $\flat$  min      E $\flat$ Maj

G min      DMaj      F# min      D $\flat$ Maj

F min      CMaj      E min      B Maj

E $\flat$  min      B $\flat$ Maj      D min      A Maj

C# min      A $\flat$ Maj      C min      G Maj

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♩ = 60

The musical score consists of seven staves of music in treble clef, each with a chord label below it. The notes are grouped into pairs of eighth notes, with a slur over each pair. The sequence of notes across the staves is as follows:

- Staff 1: B $\flat$  (chord label), B $\flat$ , C, D, E, F, G, A, B $\flat$ , C, D, E, F, G, A, B $\flat$
- Staff 2: C (chord label), C, D, E, F, G, A, B, C, D, E, F, G, A, B, C, D
- Staff 3: D (chord label), D, E, F, G, A, B, C, D, E, F, G, A, B, C, D, E
- Staff 4: E (chord label), E, F, G, A, B, C, D, E, F, G, A, B, C, D, E, F
- Staff 5: F $\sharp$  (chord label), F $\sharp$ , G, A, B, C, D, E, F, G, A, B, C, D, E, F, G
- Staff 6: G (chord label), G, A, B, C, D, E, F, G, A, B, C, D, E, F, G, A
- Staff 7: A $\flat$  (chord label), A $\flat$ , B, C, D, E, F, G, A, B, C, D, E, F, G, A, B

The sequence ends with "Etc..." on the right side of the seventh staff.

# Major Scales (#)

Flute



C Major

The C Major scale is written on a single treble clef staff in common time. It begins with a C-clef on the first line. The scale consists of eight measures: four ascending and four descending. The notes are C, D, E, F, G, A, B, C, B, A, G, F, E, D, C. The key signature has no sharps or flats.

5



D Major

The D Major scale is written on a single treble clef staff in common time. It begins with a D-clef on the second line. The scale consists of eight measures: four ascending and four descending. The notes are D, E, F#, G, A, B, C#, D, C#, B, A, G, F#, E, D. The key signature has two sharps (F# and C#).

9



E Major

The E Major scale is written on a single treble clef staff in common time. It begins with an E-clef on the third line. The scale consists of eight measures: four ascending and four descending. The notes are E, F#, G#, A, B, C#, D#, E, D#, C#, B, A, G#, F#, E. The key signature has three sharps (F#, C#, and G#).

13



F# Major

The F# Major scale is written on a single treble clef staff in common time. It begins with an F#-clef on the fourth line. The scale consists of eight measures: four ascending and four descending. The notes are F#, G#, A#, B, C#, D#, E#, F#, E#, D#, C#, B, A#, G#, F#. The key signature has four sharps (F#, C#, G#, and D#).

17



G Major

The G Major scale is written on a single treble clef staff in common time. It begins with a G-clef on the fourth line. The scale consists of eight measures: four ascending and four descending. The notes are G, A, B, C, D, E, F#, G, F#, E, D, C, B, A, G. The key signature has one sharp (F#).

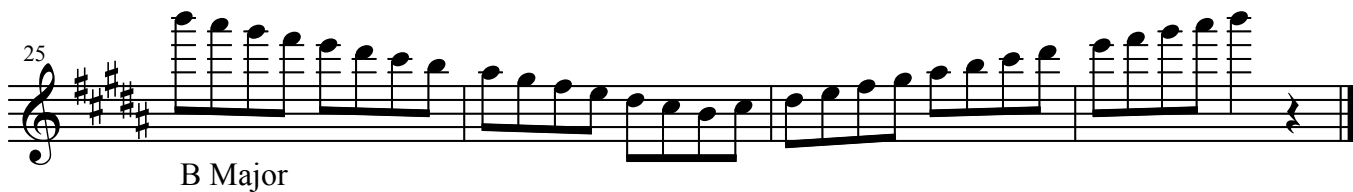
21



A Major

The A Major scale is written on a single treble clef staff in common time. It begins with an A-clef on the fifth line. The scale consists of eight measures: four ascending and four descending. The notes are A, B, C, D, E, F#, G#, A, G#, F#, E, D, C, B, A. The key signature has two sharps (F# and C#).

25




B Major

The B Major scale is written on a single treble clef staff in common time. It begins with a B-clef on the fifth line. The scale consists of eight measures: four ascending and four descending. The notes are B, C, D, E, F#, G#, A#, B, A#, G#, F#, E, D, C, B. The key signature has three sharps (F#, C#, and G#).

# Major Scales (b)

Flute



Db Major

The first staff shows the Db Major scale starting on D-flat. The scale is written in treble clef with a key signature of three flats (B-flat, E-flat, A-flat) and a common time signature. The notes are: D-flat, E-flat, F, G, A-flat, B-flat, C, D, E-flat, F, G, A-flat, B-flat, C, D. The scale concludes with a final cadence.

5



Eb Major

The second staff shows the Eb Major scale starting on E-flat. The scale is written in treble clef with a key signature of four flats (B-flat, E-flat, A-flat, D-flat) and a common time signature. The notes are: E-flat, F, G, A-flat, B-flat, C, D, E-flat, F, G, A-flat, B-flat, C, D, E-flat. The scale concludes with a final cadence.

9



F Major

The third staff shows the F Major scale starting on F. The scale is written in treble clef with a key signature of one flat (B-flat) and a common time signature. The notes are: F, G, A, B-flat, C, D, E, F, G, A, B-flat, C, D, E, F. The scale concludes with a final cadence.

13



Gb Major

The fourth staff shows the Gb Major scale starting on G-flat. The scale is written in treble clef with a key signature of four flats (B-flat, E-flat, A-flat, D-flat) and a common time signature. The notes are: G-flat, A-flat, B-flat, C, D, E-flat, F, G-flat, A-flat, B-flat, C, D, E-flat, F, G-flat. The scale concludes with a final cadence.

17



Ab Major

The fifth staff shows the Ab Major scale starting on A-flat. The scale is written in treble clef with a key signature of four flats (B-flat, E-flat, A-flat, D-flat) and a common time signature. The notes are: A-flat, B-flat, C, D, E-flat, F, G, A-flat, B-flat, C, D, E-flat, F, G, A-flat. The scale concludes with a final cadence.


21



Bb Major

The sixth staff shows the Bb Major scale starting on B-flat. The scale is written in treble clef with a key signature of two flats (B-flat, E-flat) and a common time signature. The notes are: B-flat, C, D, E-flat, F, G, A, B-flat, C, D, E-flat, F, G, A, B-flat. The scale concludes with a final cadence.

25



Cb Major

The seventh staff shows the Cb Major scale starting on C-flat. The scale is written in treble clef with a key signature of five flats (B-flat, E-flat, A-flat, D-flat, G-flat) and a common time signature. The notes are: C-flat, D-flat, E-flat, F, G, A-flat, B-flat, C-flat, D-flat, E-flat, F, G, A-flat, B-flat, C-flat. The scale concludes with a final cadence.

# Major Arpeggios

Flute

C Major

4

Db Major

7

D Major

10

Eb Major

13

E Major

16

F Major

19

F# Major

22

G Major

25  
Ab Major

28  
A Major

31  
Bb Major


34  
B Major

37  
C Major

40

# Harmonic Minor Scales

Flute



D Minor

The D minor scale is written on a treble clef staff with a key signature of two flats (Bb and Eb) and a common time signature. The scale consists of the notes D, E, F, G, A, Bb, C, D. The ascending line is shown with a sharp sign above the Bb note, and the descending line is shown with a flat sign below the Bb note.

5



Eb Minor

The Eb minor scale is written on a treble clef staff with a key signature of three flats (Bb, Eb, and Ab) and a common time signature. The scale consists of the notes Eb, F, G, Ab, Bb, C, D, Eb. The ascending line is shown with a sharp sign above the Bb note, and the descending line is shown with a flat sign below the Bb note.

9



E Minor

The E minor scale is written on a treble clef staff with a key signature of one sharp (F#) and a common time signature. The scale consists of the notes E, F, G, A, B, C, D, E. The ascending line is shown with a sharp sign above the B note, and the descending line is shown with a flat sign below the B note.

13



F Minor

The F minor scale is written on a treble clef staff with a key signature of two flats (Bb and Eb) and a common time signature. The scale consists of the notes F, G, Ab, Bb, C, D, E, F. The ascending line is shown with a sharp sign above the Bb note, and the descending line is shown with a flat sign below the Bb note.

17



F# Minor

The F# minor scale is written on a treble clef staff with a key signature of three sharps (F#, C#, and G#) and a common time signature. The scale consists of the notes F#, G, Ab, B, C, D, E, F#. The ascending line is shown with a sharp sign above the B note, and the descending line is shown with a flat sign below the B note.


21



G Minor

The G minor scale is written on a treble clef staff with a key signature of two flats (Bb and Eb) and a common time signature. The scale consists of the notes G, Ab, Bb, C, D, E, F, G. The ascending line is shown with a sharp sign above the Bb note, and the descending line is shown with a flat sign below the Bb note.

25




G# Minor

The G# minor scale is written on a treble clef staff with a key signature of three sharps (F#, C#, and G#) and a common time signature. The scale consists of the notes G#, A, B, C, D, E, F, G#. The ascending line is shown with a sharp sign above the B note, and the descending line is shown with a flat sign below the B note.




29   
A Minor

33   
Bb Minor

37   
B Minor

41   
C Minor


45   
Cb Minor

49   
C# Minor

53   
D Minor

# Melodic Minor Scales

Flute



D Minor

The D Minor scale is written on a treble clef staff with a key signature of two flats (Bb and Eb) and a common time signature. The scale consists of the notes D, E, F, G, Ab, Bb, C, and D. The notation shows the ascending and descending sequences of these notes.

5



Eb Minor

The Eb Minor scale is written on a treble clef staff with a key signature of three flats (Bb, Eb, and Ab) and a common time signature. The scale consists of the notes Eb, F, G, Ab, Bb, C, and Eb. The notation shows the ascending and descending sequences of these notes.

9



E Minor

The E Minor scale is written on a treble clef staff with a key signature of one sharp (F#) and a common time signature. The scale consists of the notes E, F, G, A, B, C, and E. The notation shows the ascending and descending sequences of these notes.

13



F Minor

The F Minor scale is written on a treble clef staff with a key signature of two flats (Bb and Eb) and a common time signature. The scale consists of the notes F, G, Ab, Bb, C, and F. The notation shows the ascending and descending sequences of these notes.

17



F# Minor

The F# Minor scale is written on a treble clef staff with a key signature of three sharps (F#, C#, and G#) and a common time signature. The scale consists of the notes F#, G, Ab, B, C, and F#. The notation shows the ascending and descending sequences of these notes.


21



G Minor

The G Minor scale is written on a treble clef staff with a key signature of one flat (F) and a common time signature. The scale consists of the notes G, Ab, Bb, C, D, and G. The notation shows the ascending and descending sequences of these notes.

25



G# Minor

The G# Minor scale is written on a treble clef staff with a key signature of four sharps (F#, C#, G#, and D#) and a common time signature. The scale consists of the notes G#, A, B, C, D, and G#. The notation shows the ascending and descending sequences of these notes.

29  
A Minor

33  
Bb Minor

37  
B Minor

41  
C Minor

45

49  
C# Minor

53

# Minor Arpeggios

Flute



C Minor

The first staff shows the C minor arpeggio starting on middle C (C4). The notes are C4, E4, G4, Bb4, A4, F4, E4, C4. The piece concludes with a final chord of C minor.

4



C# Minor

The second staff shows the C# minor arpeggio starting on C#4. The notes are C#4, E4, G#4, B4, A4, F#4, E4, C#4. The piece concludes with a final chord of C# minor.

7



D Minor

The third staff shows the D minor arpeggio starting on D4. The notes are D4, F4, A4, Bb4, G4, E4, D4. The piece concludes with a final chord of D minor.

10



Eb Minor

The fourth staff shows the Eb minor arpeggio starting on Eb4. The notes are Eb4, G4, Bb4, C5, Bb4, Ab4, G4, Eb4. The piece concludes with a final chord of Eb minor.

13



E Minor

The fifth staff shows the E minor arpeggio starting on E4. The notes are E4, G4, B4, C5, B4, A4, G4, E4. The piece concludes with a final chord of E minor.

16



F Minor

The sixth staff shows the F minor arpeggio starting on F4. The notes are F4, Ab4, C5, Bb4, Ab4, G4, F4. The piece concludes with a final chord of F minor.

19



F# Minor

The seventh staff shows the F# minor arpeggio starting on F#4. The notes are F#4, Ab4, C5, B4, Ab4, G#4, F#4. The piece concludes with a final chord of F# minor.

22



G Minor

The eighth staff shows the G minor arpeggio starting on G4. The notes are G4, Bb4, D5, C5, Bb4, A4, G4. The piece concludes with a final chord of G minor.

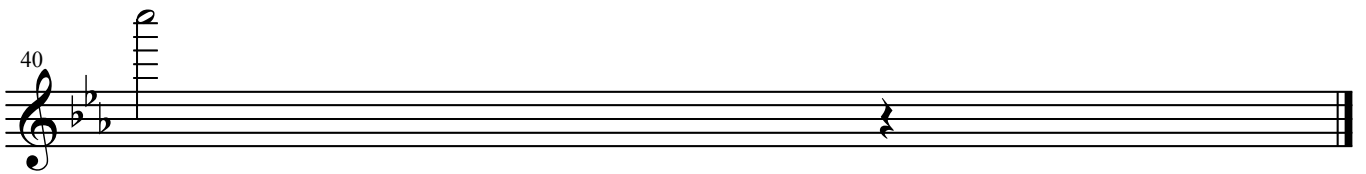
25  **G# Minor**

28  **A Minor**

31  **Bb Minor**

34  **B Minor**

37  **C Minor**

40  **C Minor**

# Chromatic Scales

Flute



Starting on C#

A musical staff in treble clef with a common time signature (C). It contains a chromatic scale starting on C# and ending on G#.

5



Starting on D

A musical staff in treble clef with a common time signature (C). It contains a chromatic scale starting on D and ending on A.

9



A musical staff in treble clef with a common time signature (C). It contains a chromatic scale starting on Eb and ending on Bb.

13



Starting on F

A musical staff in treble clef with a common time signature (C). It contains a chromatic scale starting on F and ending on C.

17



A musical staff in treble clef with a common time signature (C). It contains a chromatic scale starting on G and ending on D#.

21



Starting on Ab

A musical staff in treble clef with a common time signature (C). It contains a chromatic scale starting on Ab and ending on E.

25

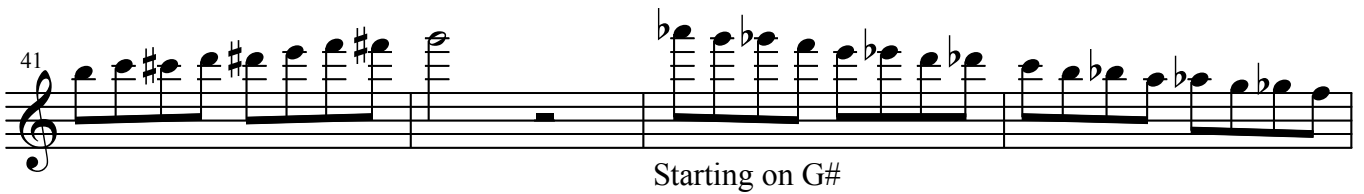


A musical staff in treble clef with a common time signature (C). It contains a chromatic scale starting on Bb and ending on F#.

29  Starting on F#

33  Starting on G

37 

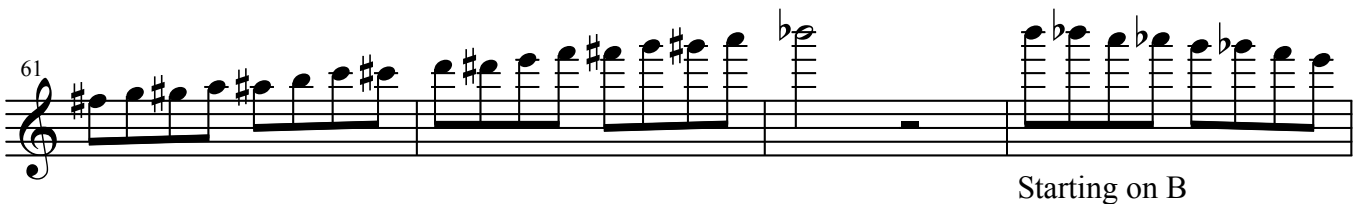
41  Starting on G#

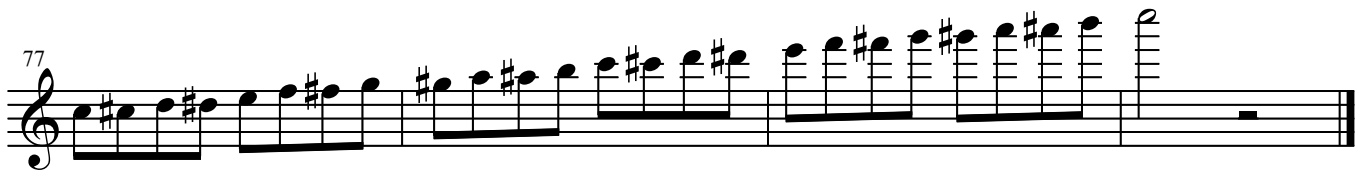
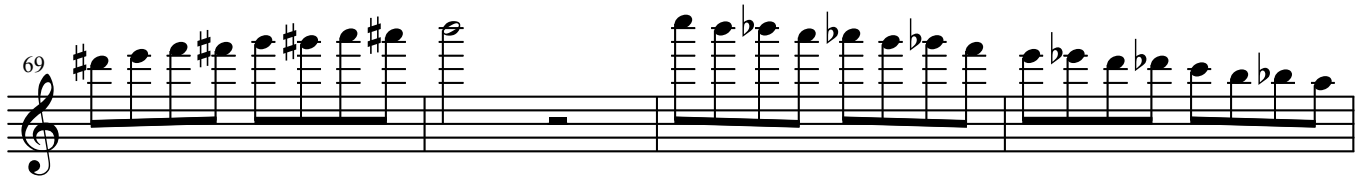
45 

49  Starting on A

53 

57  Starting on Bb

61  Starting on B





Suggested Warm Up #2  
Sir James Galway

Musical staff 1: Treble clef, 6/8 time signature. The staff contains a sequence of notes with dynamic markings *mf*, *f*, *p*, *f*, and *p*. The notes are grouped with slurs and include accents. The key signature changes from one sharp (F#) to two flats (Bb, Eb) at the end of the staff.

Musical staff 2: Treble clef, 6/8 time signature. The staff contains a sequence of notes with dynamic markings *mf*, *f*, *p*, *f*, and *p*. The notes are grouped with slurs and include accents. The key signature changes from two flats (Bb, Eb) to three flats (Bb, Eb, Ab) at the end of the staff.

Musical staff 3: Treble clef, 6/8 time signature. The staff contains a sequence of notes with dynamic markings *mf*, *f*, *p*, *f*, and *p*. The notes are grouped with slurs and include accents. The key signature changes from three flats (Bb, Eb, Ab) to two flats (Bb, Eb) at the end of the staff.

Musical staff 4: Treble clef, 6/8 time signature. The staff contains a sequence of notes with dynamic markings *mf*, *f*, *p*, *f*, and *p*. The notes are grouped with slurs and include accents. The key signature changes from two flats (Bb, Eb) to one sharp (F#) at the end of the staff.

Musical staff 5: Treble clef, 6/8 time signature. The staff contains a sequence of notes with dynamic markings *mf*, *f*, *p*, *f*, and *p*. The notes are grouped with slurs and include accents. The key signature changes from one sharp (F#) to two flats (Bb, Eb) at the end of the staff.

Musical staff 6: Treble clef, 6/8 time signature. The staff contains a sequence of notes with dynamic markings *mf*, *f*, *p*, *f*, and *p*. The notes are grouped with slurs and include accents. The key signature changes from two flats (Bb, Eb) to one sharp (F#) at the end of the staff.